

Rumi, a Persian Poet, Achievement in Theosophy and Grotowski's Desire in Theatre.

This article explores on the relation between Rumi and Grotowski.
How can we interpret Rumi's thought in the context of theatre?

Grotowski wanted from his actors to return to their very first root and to find their true impulses. He wanted a pure human being, a pure actor, a pure body, a pure action and a pure reaction.

When the pure bodies appear in theatre, then bodies and theatre will disappear; only pure energy remains and pure impulses would be visible. Grotowski was looking for these pure impulses in his work, and that pure energy in his life.

Rumi says:

Go and die, Go and die, go and die of this love
Of this love if you die, you would revive you all
Rumi believe that the truth is love and love is flame, when it comes to your heart, it will burn you, and when you burned of love, you can reflect the pure truth.

Grotowski said that if you go beyond of your limitation, the pure impulses would be visible, in other words, if you burn, the pure impulses would comes out, and you can reflect the pure actions.

Rumi says:

The body is like a mirror but covered with dust, if you clean the dust on the mirror, the mirror can reflect everything so that you can reflect the whole universe.
In this article, I would touch Rumi's thought in relation to Grotowski's work.

Rumi doesn't want to make poetry, he just wants to express his discursive emotions and his discoveries but his language forms in poem.

Grotowski also wasn't looking for theater, he was looking for something else but his language formed in Theater.

Both were looking for truth, pure impulses and pure energies in their life, both of them went beyond theater and poem, they stepped into the unknowns.

Rumi says : Hey bud, story is like a bowl and the meaning is seeds in the bowl...

Grotowski also used story as a screen to protect his actor's intimacy.
For both the seeds are more than the form or story.

Rumi believe that if you want to reflect the truth, you should go beyond of yourself, you should make yourself empty from yourself.

Grotowski told his actors that you should go beyond of your limitations. When you make yourself empty from the organic resistance, then you can reflect truly, you can reach a "Total Act".

For both , their art was not their purpose but a vehicle to something else, a quest into the human beings ...

Rumi was not the hostage of words nor was Grotowski, the flow of life leads them into the poem and theater.

The actor's body becomes like a flute, empty from inside with a true energy the body starts to sing, and a true sound comes out of this flute.

The actors should not look for an emotion, everything is inside of the actor, the actor should just make them free.

بی‌تو که ی‌خواه آنچه هر بطلب خود از هست عالم در آنچه هر ستین تو ز رونیب

Theater is flame , it would burn the actors but when this happens, a theatrical experience gained .

سوختم شدم پخته بودم خام ستین شیب سخن سه عمرم حاصل

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